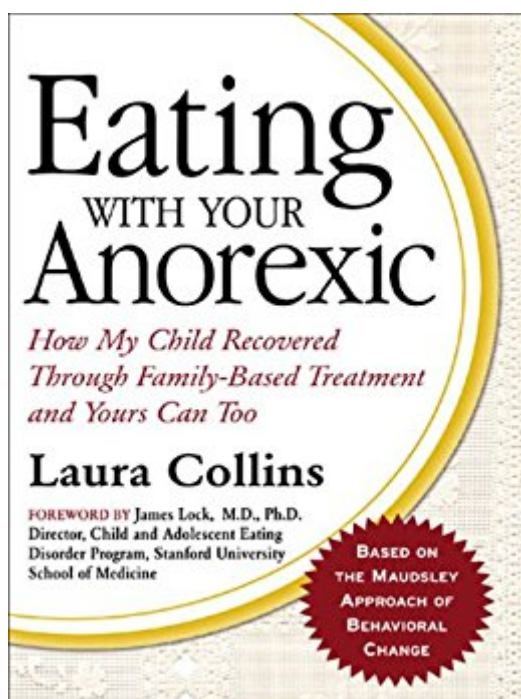


The book was found

Eating With Your Anorexic



Synopsis

A source of hope and valuable information for parents of children with eating disorders This poignant and informative narrative relates how one mother rescued her daughter from the "experts" and treated the girl's life-threatening anorexia using a controversial approach. Known as the Maudsley Approach, this home-based, family-centered therapy, developed in Great Britain in the 1980s, has been receiving a lot of press here over the past few years. While it has been widely used in Europe for many years and is rapidly gaining acceptance among parents and within the pediatric and child psychiatric communities in the United States, until now, there were no popular books on the subject. Must-reading for parents of children with eating disorders, *Eating with Your Anorexic* is: The first popular book on an increasingly popular approach to curing eating disorders A source of practical information and guidance for parents of children with eating disorders An eloquent narrative filled with pathos that inspires, empowers, and informs

Book Information

File Size: 274 KB

Print Length: 256 pages

Simultaneous Device Usage: Up to 4 simultaneous devices, per publisher limits

Publisher: McGraw-Hill Education; 1 edition (December 22, 2004)

Publication Date: December 22, 2004

Sold by:Â Digital Services LLC

Language: English

ASIN: B0013AZDDU

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #721,594 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #15

inÂ Books > Health, Fitness & Dieting > Children's Health > Eating Disorders #247 inÂ Kindle Store > Kindle eBooks > Medical eBooks > Special Topics > Nutrition #455 inÂ Kindle Store > Kindle eBooks > Nonfiction > Self-Help > Eating Disorders & Body Image

Customer Reviews

If you are a parent of a child who suddenly spirals into anorexia, you will be shocked and scared,

and immediately seek the "professional help" everyone recommends. However, professionals know very little about what causes the disease. As far as treatment goes, the only thing research suggests can help is "refeeding." The lead researchers on this in the US are James Lock and Daniel LeGrange (whose book "How to Help your Teenager Beat Eating Disorders" I also recommend, as other reviewers do). They present a more scholarly, balanced review of the range of "causes" and "treatments" than this book does, but they conclude that the "Maudsley" family-centered refeeding method has the best success rate. Collins' book is a personal memoir advocating a family-centered Maudsley method. I feel fortunate, as a parent of a 12-year-old who spiraled into full anorexia within a 3-week period, to have found a professional who introduced us to this approach right away, sparing us some of the agony Collins went through dealing with blame-based "traditional" approaches that left her daughter thinner and thinner. I read everything I could find on the web, and understood how little is known about anorexia's causes, but that family-centered refeeding is the most promising treatment. Frantic to understand more about "refeeding" between sessions with our professional, I purchased Lock/LeGrange's "How to" book. The crucial information about HOW to refeed is relatively thin, so I turned to this book for more help with specifics on HOW to break the non-eating cycle. HOW do you get a child who thinks food is harming them to take more and more bites of it? Pages 85-92 are the crux, but they are still vaguer than I wished. The motto-principles on 169-173 are good guidelines.

[Download to continue reading...](#)

Clean Eating: 365 Days of Clean Eating Recipes (Clean Eating, Clean Eating Cookbook, Clean Eating Recipes, Clean Eating Diet, Healthy Recipes, For Living Wellness and Weight loss, Eat Clean Diet Book Eating with Your Anorexic Clean Eating: Clean Eating Diet: The 7-Day Plan for Weight Loss & Delicious Recipes for Clean Eating Diet (Clean Eating, Weight Loss, Healthy Diet, Healthy ... Paleo Diet, Lose Weight Fast, Flat Belly) Diary of an Anorexic Girl Clean Eating: Fire up Your Weight Loss and Energy with Amazingly Delicious Clean Eating Recipes (Clean Eating Cookbook) Overeating: How To Overcome Overeating, Food Addiction And Control Your Eating..11 simple and Easy Steps To Overcome Overeating! (Emotional Eating, Food ... Binge. Will Power, Mindful Eating, Craving) Belly Fat: Blowout Belly Fat Clean Eating Guide to Lose Belly Fat Fast No Diet Healthy Eating (Eating Clean, Healthy Living, Gluten, Wheat Free, Low Fat, Grain Free Diet, Detox) (Live Fit Book 1) Eating Disorders Information for Teens: Health Tips About Anorexia, Bulimia, Binge Eating, and Other Eating Disorders (Teen Health Series) VEGAN: Your Body, Your Friend: The Answer to Permanently Becoming Slim, Healthy, and Happy (Clean Eating, Cure Eating Disorders, incl. Vegan Recipes) (Vegan ... & Healing Based on Scientific Research) How to Have Your Cake and Your

Skinny Jeans Too: Stop Binge Eating, Overeating and Dieting For Good Get the Naturally Thin Body You Crave From the Inside Out (Binge Eating Solution Book 1) Healthy Eating: Winter Healthy Eating Guide and 60+ Recipes Inspired by Traditional Chinese Medicine to Warm Up the Body, Nourish Your Skin, and Achieve Optimal Health Clean Eating: 230+ Healthy Slow Cooker Recipes - Your Guide to Natural Weight LossÂ© (1 Month FULL Meal Plan,Clean Eating Cookbook,Book) Healthy Eating: Spring Healthy Eating Guide and 60+ Recipes Inspired by Traditional Chinese Medicine to Detoxify the Body and Achieve Optimal Health One-Pan Wonders: 50 Clean Eating Sheet Pan Recipes for Delicious, Healthy Hands-Off Suppers, Lunches and Snacks Straight From the Oven (Clean Eating Sheet Pan Cookbook) The Clean Eating Cookbook: 101 Amazing Whole Food Salad, Soup, Casserole, Slow Cooker and Skillet Recipes Inspired by The Mediterranean Diet (Free Quinoa Recipes) (Healthy Eating Made Easy Book 5) Paleo: Paleo For Beginners, Clean Eating, Weight Loss & Autoimmune Healing Solutions Includes 10 Day Paleo Diet Plan & 41 Amazing Paleo Fat Burning Recipes ... lifestyle change, clean eating) Whole Food: The 30 day Healthy Eating Challenge (The Healthy Whole Foods Eating Challenge - 35 Approved Recipes for Rapid Weight Loss) Clean Eating 28-Day Plan: A Healthy Cookbook and 4-Week Plan for Eating Clean Belly Fat: The Healthy Eating Guide to Lose That Stubborn Belly Fat - No Exercise Required (Belly Fat, Healthy eating, weight loss for women, low fat, ... wheat, detox, grain free, gluten free) The Eating Disorders Sourcebook: A Comprehensive Guide to the Causes, Treatments, and Prevention of Eating Disorders (Sourcebooks)

[Dmca](#)